ISLA COLÓN-BOCAS DEL TORO (PANAMÁ)

PACKAGES & INFO

“Surf coaching package”

private,semi or group

“Surf Guidings package” coming soon

“Surf and Dive ” comig soon

BOCAS SURF ACADEMY
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Bocas Surf Academy (BSA) presents a whole new way to experience Bocas del toro, Panama: by wave! Surf and stay with these holiday packages that give you the best experience ever. With these packages, we combine that authentic surf spirit. Try surfing for the first time or get you surfing to the next level. Bocas surf academy is excited to welcome you to your most memorable holiday yet!

SURF COACHING PACKAGE "Let the sea set you free" (4 / 6 and 8 nights)

Surfers of all levels welcome! BSA is for everyone, from seasoned pros looking to improve their speed and control to newbies just hoping to stand up for the first time. Our instructors are professional, experienced surfers who will help you get the most from your surf experience. Carve up the waves on the latest advanced equipment in the best hidden spots scouted by BSA just for you. Lessons include personalized instruction, equipment, and access to local surf meccas.

What´s included?

Choose from private, semi private and group instructor

4 NIGHTS:

- 4 nights accommodation
- 3 breakfast, 2 lunches
- Surfboard hire & E-bike rental included
- Daily surf lessons (3days/3 hours per day) in the morning for your level
- Free surf time all afternoon
- Transport to the best spots
- Surf tips and coaching
- video corrections (optional $extra)
- Free Wifi
- Yoga and mobility sessions (1)

6 NIGHTS:

- 6 nights accommodation
- 5 breakfast, 4 lunches
- Surfboard hire & E-bike rental included
- Daily surf lessons (5days/3 hours per day) in the morning for your level
- Free surf time all afternoon
- Transport to the best spots
- Surf tips and coaching
- video corrections (optional $extra)
- Free Wifi
- Yoga and mobility sessions (2)

8 NIGHTS:

- 8 nights accommodation
- 7 breakfast, 6 lunches
- Surfboard hire & E-bike rental included
- Daily surf lessons (7days/3 hours per day) in the morning for your level
- Free surf time all afternoon
- Transport to the best spots
- Surf tips and coaching
- video corrections (optional $extra)
- Free Wifi
- Yoga and mobility sessions (3)

PRICE PER PERSON	4 NIGHTS		6 NIGHTS		8 NIGHTS	
ROOMS TYPE & LESSON TYPE/ SEASON	L/SEASON	H/SEASON	L/SEASON	H/SEASON	L/SEASON	H/SEASON
Private (private room Paunch beach 1pax)	$ 940.00	$1040.00	$1420.00	$1520.00	$1865.00	$1965.00
Semi private (double room paunch beach 2pax)	$700.00	$800.00	$1015.00	$1115.00	$1305.00	$1405.00
Semi private (double room paunch beach 1pax)	$895.00	$995.00	$1345.00	$1445.00	$1745.00	$1845.00
Group (double room for 2pax paunch beach)	$600.00	$700.00	$915.00	$1015.00	$1185.00	$1285.00
Group for (double room for 1pax paunch beach)	$835.00	$935.00	$1245.00	$1345.00	$1605.00	$1705.00
Private (private room pineapple house 1pax)	$ 800.00	$950.00	$1155.00	$1255.00	$1510.00	$1610.00
Semi private (double room pineapple house 2 pax)	$605.00	$705.00	$855.00	$955.00	$1090.00	$1190.00
Semi private (double room pineapple house 1pax)	$755.00	$855.00	$1080.00	$1180.00	$1390.00	$1490.00
Group (double room for 2pax pineapple house)	$545.00	$645.00	$660.00	$760.00	$950.00	$1050.00
Group for (double room for 1pax pineapple house)	$695.00	$795.00	$885.00	$985.00	$1250.00	$1350.00
Private (dorm room cliff hostel 1pax)	$580.00	$680.00	$825.00	$925.00	$1070.00	$1170.00
Semi private (dorm room cliff hostel 2pax	$495.00	$595.00	$690.00	$790.00	$870.00	$970.00
Semi private (dorm room cliff hostel 1pax)	$535.00	$635.00	$750.00	$850.00	$950.00	$1050.00
Group (dorm room for 2pax cliff hostel)	$435.00	$535.00	$495.00	$595.00	$730.00	$830.00
Group (dorm room for 1pax cliff hostel)	$475.00	$575.00	$555.00	$655.00	$810.00	$910.00

***Double rooms = queen BED . Low season: June to November / High season:December to May**

ACCOMMODATION & CATERING

Target group: +18/99-Friends, couples, families, “solo travellers” & Groups.
Good and amazing vibes & atmosphere, very familiar and dedicated service.
Perfect mixture of surfing, activties, weekend parties and relax.
No pet friendly
English & Spanish

Type: hotel
Eco-desing

Room types: non-smoker rooms
Private- double room (private bathroom / linen & towels included)

Hot water
Air conditioning
Luggage storage-Lockers
Free Wifi
Shared kitchen-Fridge/Freezer-Microwaves

Catering:
Restaurant. Breakfast options
Lunch : local flare .
Special meals for vegetarians or allergic people.

*Check-in: 3pm. If you arrive in the early morning you´ll be more than welcome to chill in the common spaces. **Check-out: 11am. You will keep your bags for free all day long if you need us to.
***Age restrictions: +18 years or older
****Smoking is not allowed inside bedrooms. In case you omit this rule $300 fine will be applied for smoking.

BOCAS SURF ACADEMY

At BSA we teach surfers of all levels. We provide surf lessons for those who want to learn how to step on to the water and surfers that want to improve having more speed and control in the green waves. Also for advanced surfers who wants to go one step further in their technique and style. Professional and experienced surf teachers coach you. They will get you to that next level and help you get the most from your surfing. We use the latest and most advanced equipments to provide the best feeling ever, all the lessons include surfboard and all equipment needed.

Lessons

Group lessons (max. 5 people)-3 hours per day-equipment included. From $65

Semi-private lessons (max 2 people) 3 hours per day-equipment included. From$85

Private lessons- 3hour-equipment included. From $100

Guidings

BSA Team guides will found good waves for your level and surf with you in the best spots.

Surf equipments

Huge quiver all sizes (soft-boards, fiberglass-boards, epoxy-boards & high-performance boards).
Boards for beginners, intermediate and advanced surfers.
Equipments are included in surf-lessons.
Surf packages included: free surf time with equipments outside course hours.

Other activities

Yoga
Bike rental
Snorkeling
Diving

SURF CONDITIONS

Panama has some of the best surf breaks in all of Central America! Whether you like point breaks, beach breaks, hollow tubes, or long peelers, Panama has a variety of surf breaks to accommodate your style. Panama is still virgin and you can catch most of the best surf spots by yourself with your buddies. Few people know about Panama's surfing potential, which is a big plus for surfers who visit! However, you better go soon because Panama is becoming more and more popular for surfers from around the globe.

Bocas del Toro has been compared with some places in Indonesia, the bottom drop off in his coast and the produce powerfull waves. From beginner to advanced, there is a wave for everyone along one of Panama’s hundreds of beaches. Unpaved roads, boats to get from one island to another and hidden paradises have kept these magnificent beaches from becoming overcrowded and will have you feeling as though you are entering a secret paradise. Bocas del Toro has become one of the top destination surf spots for surfers in search of the best waves in Panamá. Beginners, intermediates and advance surfers alike can find a perfect breaking wave that caters to their level of experience.

Bocas surf academy is located in Isla Colón spot, just 10 minutes by boat from the rest of the most important spots in the area: Bluff, Dumpers, Paunch, Silverbacks,Careñeros.....

Seasonal conditions

Panama surfing is definitely recommended, is a legendary surfing location and is seen as more of a 'hardcore' destination and for the adventurous it could be the trip of a lifetime.
Min Temperature (Cº/ºF): 22º/º72
Max Temperature (Cº/ºF): 30º/º86
Water Temperature: around 27ºC. No wetsuits needed.

Major Swells. Rainiest months (Dec/Jan & July/Aug) correspond with the swell;it can rain for days on end, but the sun usually comes out a bit every day.

SURROUNDINGS / REGION

Panama is bordered by Costa Rica to the west, Colombia (in South America) to the southeast, the Caribbean sea to the north and the Pacific Ocean to the south. The capital and largest city is Panama City, whose metropolitan area is home to nearly half of the country's 6 million people. Panamanians believe in general that the word Panama means "abundance of fish, trees and butterflies". Panama was inhabited by several indigenous tribes prior to settlement by Spanish in the 16th century. Panama's tropical environment supports an abundance of plants. Forests dominate, interrupted in places by grasslands, scrub, and crops and the wildlife is the most diverse in Central America. It is home to many South American species as well as to North American wildlife. The culture is reflected in traditional products, such as woodcarvings, ceremonial masks and pottery, as well as in Panama's architecture, cuisine and festivals. In earlier times, baskets were woven for utilitarian uses, but now many villages rely almost exclusively on income from the baskets they produce for tourists. Panamanian cuisine is a mix of African, Spanish, and Native American techniques, dishes, and ingredients, reflecting its diverse population

Formalities: Passport valid 6 months after your return home is compulsory, a return plane ticket, and $500. The capital is Panama City.

Language: the official language is Spanish. Second lenguage: English.

Health: No vaccine is required to enter Panama. Nevertheless, think about taking a treatment against malaria if you wish to hazard in the jungle.

Time differences : UTC-5.

Weather: Panama is a tropical country and only has two seasons: humid and dry. The dry season usually lasts from December to April. The wet season from May to November. The Caribbean coast remains humid all year long. Temperatures not change too much. .

Environment: Panama is also one of the safest places in the world, in general, you can surf, roam the streets, party, or shop care free, at any time day or night.

Water/Electricity : Do not drink the tap water and bring along medicine for intestinal problems.Use an American outlet with flat connections because the electric current is 110 V.

Currency : The local currency is Balboa (PAB) but it is not exportable. We recommend you to have US dollars in small denominations and change on the way there. Credit cards are accepted most of places but always have some cash with you just in case.

Ways to get to the camp

- From the airport: From Panamá City, you can take a direct flight from the Albrook Airport to Bocas del Toro with Air Panama (from $100 each way). Selina Isla Colón is located a few blocks away from the Bocas del Toro airport, about a 5-minute walk. If you require transportation, taxis are available on the island. *- Public transportation:* From Panama City, you can take a 10-hour bus ride departing from Albrook Terminal to Almirante, the closest mainland point to Isla Colón (around $27). From Almirante, take a half-hour water taxi ride to Isla Colón (around $6).

PROPERTY CANCELLATION POLICY

FOR ANY SERVICE YOU WANT TO RESERVE, YOU MUST PAY A DEPOSIT OF 50% + PAYPAL TAX OF THE TOTAL FEE TO OUR PAYPAL ACCOUNT.

DEPOSITS WILL NOT BE REFUNDED IF YOU CANCEL LESS THAN 72 HOURS IN ADVANCE OF YOUR BOOKING.